

Precautions :



Use preferably in the morning on an empty stomach



Wash your hands



Do not use if you are sick (infection)

30 minutes before sampling:



Do not drink



Do not eat



Do not smoke



Do not chew gum



Do not wear lipstick



Do not brush your teeth



Do not rinse your mouth

Instructions :

1



The quantity of liquid must be sufficient and exceed the filling line (not including bubbles).



2



Hold the tube vertically with one hand.

CLIC



Close the funnel lid with your other hand (as shown) by pushing the cover firmly until you hear a click.



Make sure the lid is securely closed. The liquid in the lid will be released into the tube to mix with the sample.

3



Hold the tube vertically. Unscrew the funnel from the tube.

4

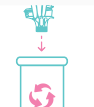


Use the small cap to close the tube tightly.

5



Shake the capped tube for 5 seconds.



Discard or recycle the funnel.



The filling line is also indicated in the collection precautions on the box.



Read and follow the instructions on how to collect your saliva sample.

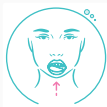
Tips to improve saliva production:

1



Rub the cheeks. Make circular movements with your thumb and index finger.

2



Rub your tongue on the roof of the mouth.

3



Imagine a candy, lemon or your favorite food inside your mouth.

Repeat these steps until you have enough saliva in your mouth. You can then proceed with the salivary sampling according to the instructions in your kit.